

Social Media Use

(for parents and professionals)

PARENT TRAINING SESSION

A practical and informative session to help parents, carers and professionals better understand young people's social media use and how to support safer, healthier use.



What will be covered?

1

Social media use in young people
(an overview)



2

Impacts of social media use on children
(risk factors, harms and positives)



3

Strategies for safe social media use for parents/carers



TRAINING SESSION 1



Date:

Wednesday 12th November



Time:

4 – 5pm



Join (Microsoft Teams):

[Click here to join the session](#)



Meeting ID: 338 766 063 769 139



Passcode: au3MU7nT

TRAINING SESSION 2



Date:

Friday 13th November



Time:

10 – 11.30am



Join (Microsoft Teams):

[Click here to join the session](#)



Meeting ID: 354 942 860 579 871



Passcode: P3CT2nm9